

SKYLINER SPORTS CENTRE



VISITING TEAMS

WELCOME

TO BURY TOWN COMMUNITY FOOTBALL CLUB



The Community Club are a registered charity and we look after 30 teams in the local area including: boys, girls, women's and disability teams. This is crucial to supporting grassroots development, all under our charity banner and following our ethos of participation, development and fun.

We are proud to have FA 3-star Accredited Club Status as part of England Football. We prioritise qualified coaching and safeguarding, as well as the values of The FA's Respect Programme as part of our game.

SKYLINER SPORTS CENTRE



How To Find Us:

Address for the venue: Skyliner Sports Centre, Rougham Tower Avenue, Bury St Edmunds, Suffolk. IP32 7QB. (use exit 45 on the A14).



SITE GUIDELINES



Welcome to Skyliner Sports Centre! To maintain a safe, enjoyable, and respectful atmosphere for all, we kindly ask that visitors follow these guidelines:

Parking:

Upon arrival there are multiple free car parking spaces directly outside of the venue.

Access to Changing Rooms and Pitch:

Changing facilities are in the main building, through the automatic doors, through the internal double doors to the end of the corridor on the left hand side marked 'visitors'. There is a help desk and there will be an official from the club to greet you. The pitch is accessible from inside the reception corridor but sometimes the black gate to the right of reception near the pitch is opened up depending on time of arrival.

Spectators:

Spectators can watch from outside of the 3G pitch and are asked to stand in the viewing areas behind the goals and at the front car park end and not along the back as this is where coaches and officials stand with teams.

As a Community Football Club we ask that all visiting supporters encourage and support players in the spirit of the game and refrain from foul and abusive language and behaviour of any kind.

3G MATCH PITCH



In order to prevent injuries to players and any damage to the playing surface, all players, managers, coaches, officials, and spectators are requested to follow the rules below specifically for this area.

- There is a designated smoking area at the back of the building next to the main pitch.
- No glass bottles, cans, food or chewing gum.
- No alcohol is permitted within the perimeter of the 3G arena.
- Permitted footwear on the pitches include moulded studs or FG/AG boots as per our signage and literature. All Boots should be cleaned on the brushes provided before entering the surface.
- No flat soled shoes, astro turf trainers, or metal studs or blades.
- Footwear policy applies to all players, coaches, managers, match officials or representatives on the 3G surface.
- Take all personal belongings and litter off the pitch with you .
- Shirts must stay on for the duration of your time at the facility.
- Make sure all rubbish is removed from the pitch when finishing your session.
- Spectators are to remain on the hard standing or outside the perimeter fence at all times.
- No spectators should enter the pitch or goal recess areas.

Team Managers please be aware that players will unable to play if they arrive with unsuitable footwear for the 3G facility. We would hate for this to be the case so please make sure that if your match is on our 3G pitch you advise your players/parents of the correct footwear requirements.



FOOTWEAR GUIDE

WEARING IMPROPER FOOTWEAR MAY INCREASE THE RISK OF INJURY AND CAUSE DAMAGE TO THE PLAYING SURFACE.

PERMITTED FOOTWEAR:



Artificial Ground (AG)
RECOMMENDED

Specifically designed for extra abrasion, these boots usually feature more numerous and densely concentrated studs that vary in height and may be hollowed out.



Firm Ground (FG)
RECOMMENDED

Sole plates feature moulded studs which are evenly dispersed across the foot to offer enhanced traction and comfort.



Hard Ground (HG)
RECOMMENDED

Sole plates utilise a harder Thermoplastic polyurethanes compound for enhanced durability and typically feature multiple slightly shorter, evenly dispersed studs for optimal pressure distribution.



Turf Trainer (TF)
ONLY WHEN DRY

Otherwise known as Astro's, they feature a solid rubber outsole with numerous, small multidirectional lugs spread across the sole, which offer limited grip in wet conditions.

FORBIDDEN FOOTWEAR:



Soft Ground (SG)
TEAR THE SURFACE

Sole features removable, replaceable screw-in studs and typically come in a six-stud configuration, with four at the forefoot and two at the heel.



Soft Ground Pro (SGP)
TEAR THE SURFACE

Also known as Hybrid or Mixed Stud, the sole plate comprises of a combination of conical screw-in studs and moulded studs, which are most commonly bladed.



Blades
CAN CAUSE INJURY

Sole plates feature multiple straight slightly shorter, evenly dispersed studs that can restrict movement and turning which could cause injury.



Flat Sole (Indoor)
NO GRIP & FLATTEN SURFACE

Sole made up of non-marking materials such as moulded gum rubber and feature pivot points, flex grooves and herringbone patterns.

ONLY RECOMMENDED FOOTWEAR IS PERMITTED ON THE PLAYING SURFACE.

FOOTWEAR MUST BE CLEAN OF LOOSE GRASS AND MUD.

ANYBODY WEARING INAPPROPRIATE FOOTWEAR WILL BE ASKED TO LEAVE THE PITCH.

EMERGENCY ACTION PLAN



First aid equipment and facility

Item	Location
Defibrillator (AED)	Sports Centre Reception
Stretcher	Sports Centre Reception
First-aid room	Behind Sports Centre Reception

Access routes:

- 1 For ambulance 2 First aid room to ambulance 3 Pitch to ambulance

Other information

Nearest hospital address: (with Emergency Department) Note: include contact no.	West Suffolk Hospital, Hardwick Ln, Bury Saint Edmunds IP33 2QZ
Directions to hospital:	<u>West Suffolk Hospital, Hardwick Ln, Bury Saint Edmunds IP33 2QZ</u>
Journey time:	Nine minutes
Nearest walk in centre (WIC) address:	<u>Mount Farm Surgery, Lawson Place, Bury Saint Edmunds IP32 7EW</u>